

Frequently Asked Questions

NAC 389.488 Exemption from physical education.

1. Who is eligible to request an exemption from the physical education requirement?

A student may request an exemption if they meet one of the following conditions:

- A physical or mental condition supported by a physician’s statement.
- A religious belief supported by a parent or guardian’s statement.
- Enrollment in Reserve Officer Training Corps (ROTC) or a course of study in military science.
- Enrollment in the school’s marching band.
- Participate in interscholastic athletics, on a drill team, in a dance group, or on a cheerleading squad sponsored by the school, and complete the activity in good standing.
- Actively participate in an approved competitive club or individual sport/activity for at least 120 hours outside the school day.

2. Can students earn physical education credits under NAC 389.488?

No, students can only earn an exemption(s) from physical education. When students earn a physical education exemption(s), they must take an additional elective credit in place of the physical education credit as outlined below:

<i>No PE Exemptions</i>		<i>One (1) PE Exemption</i>		<i>Two (2) PE Exemptions</i>	
Graduation Requirements		Graduation Requirements		Graduation Requirements	
Required Course	Units	Required Course	Units	Required Course	Units
American Government	0.5	American Government	0.5	American Government	0.5
American History	1	American History	1	American History	1
Arts and Humanities, JROTC or CTE	1	Arts and Humanities, JROTC or CTE	1	Arts and Humanities, JROTC or CTE	1
Economics and Financial Literacy	0.5	Economics and Financial Literacy	0.5	Economics and Financial Literacy	0.5
English Language Arts	4	English Language Arts	4	English Language Arts	4
Health	0.5	Health	0.5	Health	0.5
Mathematics	3	Mathematics	3	Mathematics	3
Physical Education	2	Physical Education	1	Physical Education	0
Computer Science Education and Technology	0.5	Computer Science Education and Technology	0.5	Computer Science Education and Technology	0.5
Science	2	Science	2	Science	2
College and Career Ready Flex Credit	2	College and Career Ready Flex Credit	2	College and Career Ready Flex Credit	2
Electives	6	Electives	7	Electives	8
TOTAL:	23	TOTAL:	23	TOTAL:	23

3. Can a student earn more than one exemption?

Yes, a student can earn up to two exemptions from physical education.

4. Can a student be exempt from one half-credit in physical education?

Yes, a student can earn a half-credit exemption in physical education for every 60 hours they participate in an approved activity or club sport.

5. Can students take an online or distance education course to earn an exemption from physical education?

No, physical education exemptions are limited to the criteria outline in NAC 389.488.

6. Are physical education exemptions retroactive?

No, physical education exemptions cannot be awarded retroactively.

7. Who monitors students to ensure they meet the criteria to earn an exemption(s) in physical education?

School districts and charter schools have flexibility in how to monitor and verify students to ensure they meet their obligations of earning a physical education exemption(s). Verification of participation may be submitted to the school district or charter school, which typically includes documentation such as:

- A signed log of hours from a coach, instructor, or club leader confirming participation.
- A statement from a coach, instructor, or club leader confirming participation.

8. Where can I find a list of approved activities and sports under Section 3 and 4?

The Nevada Department of Education maintains a list of approved competitive club activities and sports on its website and can also be found by [clicking here](#).

9. How can a school district or charter school propose a club activity or sport to be added to the approved list under Section 3 and 4?

The Nevada Department of Education has a link to the application on its website and can also be found by [clicking here](#).

10. Can the one half-credit graduation requirement for health qualify for an exemption?

No, there are no regulations that allow for an exemption to be given for the half-credit health requirement.